

Food and Drink for Eternal Life

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Matthew 4:1-4 – ¹THEN JESUS was led (guided) by the [Holy] Spirit into the wilderness (desert) to be tempted (tested and tried) by the devil. ²And He went without food for forty days and forty nights, and later He was hungry. ³And the tempter came and said to Him, If You are God's Son, command these stones to be made [loaves of] bread. ⁴But He replied, ***It has been written, Man shall not live and be upheld and sustained by bread alone, but by every word that comes forth from the mouth of God.*** (The Amplified Bible)

John 4:31-34 – ³¹Meanwhile, the disciples urged Him saying, Rabbi, eat something. ³²But He assured them, ***I have food (nourishment) to eat of which you know nothing and have no idea.*** ³³So the disciples said one to another, Has someone brought Him something to eat? ³⁴Jesus said to them, ***My food (nourishment) is to do the will (pleasure) of Him Who sent Me and to accomplish and completely finish His work.*** (The Amplified Bible)

SUMMARY:

At some point and time in the Believer's life, he/she may come to a desert or dry place where it ***"feels"*** like God is not fixing the circumstances or situations that are occurring in their life. When this happens you must rely on the Vision and Plan that God has for your life. This should increase your faith because when you BELIEVE that you belong to him, you then BELIEVE that He must work **ALL** things out for your Good!

NOTES:

DISCUSSION POINTS:

- ❖ How do you find "sustained" strength in the middle of a crisis?
- ❖ Do you depend on you or do you depend on God?
- ❖ How often do you meditate on the "vision" God has given you for your Family? Finances? Future?
- ❖ How does your relationship with Jesus act as spiritual food and drink for your daily life?
- ❖ What meaning and significance does Communion have in your life?

APPLICATION:

Communion with Christ works two ways. By having physical communion in partaking of the bread and wine in a ceremonial service. And a spiritual communion when you can "eat and drink" spiritually no matter what life circumstances you face. And it increases your FAITH in Him.

ON YOUR OWN...

Read the following Scripture:

John 10:27-30
1 Corinthians 11:24-32
Luke 22:14:20